

GENERAL ASSEMBLY OF NORTH CAROLINA

SESSION 1997

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SENATE BILL 881

Short Title: Coverage for Emergency Services.

(Public)

Sponsors: Senators Winner; Forrester, Gulley, Lee, Miller, and Perdue.

Referred to: Pensions & Retirement and Insurance.

April 15, 1997

A BILL TO BE ENTITLED

AN ACT TO REQUIRE HEALTH BENEFIT PLANS TO PROVIDE COVERAGE FOR
CERTAIN EMERGENCY MEDICAL CARE SERVICES.

The General Assembly of North Carolina enacts:

Section 1. Article 3 of Chapter 58 of the General Statutes is amended by adding the following new section to read:

"§ 58-3-190. Requirements for emergency medical care services.

(a) Every entity providing a health benefit plan shall provide coverage for emergency services at least to the extent necessary to screen and stabilize the person covered under the plan and shall not require prior authorization of the services if a prudent layperson acting reasonably would have believed that an emergency medical condition existed.

(b) With respect to emergency services provided by a health care provider who is not under contract with the plan, the services shall be covered if:

(1) A prudent layperson acting reasonably would have believed that a delay would worsen the emergency, or

(2) The covered person did not seek services from a provider under contract with the plan because of circumstances beyond the control of the covered person.

1 (c) If a health benefit plan has given prior authorization for emergency services,
2 then the plan shall cover the services and shall not retract the authorization after the
3 services have been provided unless the authorization was based on a material
4 misrepresentation about the covered person's health condition made by the provider of
5 the emergency services.

6 (d) Coverage of emergency services shall be subject to coinsurance, copayments,
7 and deductibles applicable under the health benefit plan. A health benefit plan shall not
8 impose cost sharing for emergency services provided under the circumstances described
9 in subsections (b) and (c) of this section that differs from the cost sharing that would have
10 been imposed if the physician or provider furnishing the services were a provider
11 contracting with the health benefit plan.

12 (e) To promote continuity of care and optimal care by the health benefit plan
13 physician, when post-evaluation or post-stabilization services are immediately required,
14 the treating physician or a designated representative shall make a good faith effort to
15 contact the appropriate health benefit plan physician as soon as possible after the covered
16 person has been screened and stabilized. Both the emergency department and the health
17 benefit plan shall make a good faith effort to communicate with each other in a timely
18 fashion to expedite post-evaluation or post-stabilization services in order to avoid
19 material deterioration of the covered person's condition within a reasonable clinical
20 confidence, or, with respect to a pregnant woman, to avoid material deterioration of the
21 condition of her unborn child within a reasonable clinical confidence. If the treating
22 physician and the health benefit plan physician are unable to agree on the provision of
23 post-evaluation or post-stabilization services, then the health benefit plan shall pay for the
24 services unless:

25 (1) A health benefit plan physician with appropriate expertise to evaluate
26 the suspected clinical problem arrives at the hospital emergency
27 department immediately to assume responsibility for the treatment of
28 the covered person, or

29 (2) The treating physician and the health benefit plan physician agree to
30 transfer the covered person to another facility using medical resources
31 consistent with the condition of the covered person, and the treating
32 physician determines that the covered person is stabilized for purposes
33 of transfer to another facility.

34 (f) Health benefit plans shall provide information to their covered persons on:

35 (1) Coverage of emergency medical services;

36 (2) The appropriate use of emergency services, including the use of the
37 '911' system and other telephone access systems utilized to access
38 prehospital emergency services;

39 (3) Any cost sharing provisions for emergency medical services; and

40 (4) The process and procedures for obtaining emergency medical services,
41 so that covered persons are familiar with the location of in-plan
42 emergency departments and with the location and availability of other
43 in-plan settings at which covered persons may receive medical care.

1 (g) As used in this section, the term:

2 (1) 'Emergency medical condition' means a medical condition manifesting
3 itself by acute symptoms of sufficient severity, including but not limited
4 to severe pain, or by acute symptoms developing from a chronic
5 medical condition that would lead a prudent layperson, possessing an
6 average knowledge of health and medicine, to reasonably expect the
7 absence of immediate medical attention to result in:

8 a. Placing the health of an individual, or, with respect to a pregnant
9 woman, the health of the woman or her unborn child, in serious
10 jeopardy.

11 b. Serious impairment to bodily functions, or

12 c. Serious dysfunction of any bodily organ or part.

13 (2) 'Emergency services' means health care items and services furnished or
14 required to screen for and treat an emergency medical condition until
15 the condition is stabilized, including prehospital care and ancillary
16 services routinely available to the emergency department.

17 (3) 'Health benefit plan' means accident and health insurance policies or
18 certificates, nonprofit hospital or medical service corporation contracts;
19 health, hospital, or medical service corporation plan contracts; health
20 maintenance organization (HMO) subscriber contracts; and plans
21 provided by a MEWA or plans provided by other benefit arrangements
22 to the extent permitted by ERISA.

23 (4) 'Stabilize' means:

24 a. For purposes of obtaining post-stabilization authorization for
25 further testing or care, no material deterioration of the covered
26 person's condition is considered likely within a reasonable
27 clinical confidence, or with respect to a pregnant woman, to
28 avoid material deterioration of the condition of her unborn child
29 within a reasonable clinical confidence.

30 b. For purposes of transferring a covered person from one facility to
31 a second facility, the covered person is expected to leave the
32 hospital and be received at a second facility with no material
33 deterioration in the person's condition; and, the treating physician
34 attending the covered person in the emergency department
35 reasonably expects that the medical care available at the
36 receiving facility is no less than the medical care that would be
37 provided at the transferring facility; or

38 c. For purposes of discharging a covered person, other than for the
39 purpose of transfer to another facility, that further medical care
40 including diagnostic workup or treatment could be reasonably
41 performed on anything other than an immediate inpatient basis,
42 provided the covered person is given a reasonable plan for
43 appropriate follow up care and discharge instructions."

1 Section 2. For purposes of this act, renewal of a health benefit plan, policy, or
2 contract is presumed to occur on each anniversary of the date on which coverage was first
3 effective on the person or persons covered by the health benefit plan, policy, or contract.

4 Section 3. This act becomes effective July 1, 1997, and applies to health
5 benefit plans issued, renewed, or amended on and after that date.