

GENERAL ASSEMBLY OF NORTH CAROLINA
SESSION 2001

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HOUSE BILL 360*
Committee Substitute Favorable 4/24/01

Short Title: Health Insurance Omnibus Changes.

(Public)

Sponsors:

Referred to:

March 1, 2001

A BILL TO BE ENTITLED

1
2 AN ACT TO CLARIFY THE LAW ON STIPULATIONS AS TO JURISDICTION
3 AND LIMITATIONS OF ACTION AND THE PREFERRED PROVIDER PLAN
4 LAW; AMEND THE SMALL EMPLOYER RATE GUARANTEE LAW;
5 PROVIDE FOR THE PROMOTION OF ALCOHOL AND NARCOTIC
6 SCREENING AND INTERVENTION; AMEND THE LAW ON NEWBORN AND
7 FOSTER CHILD COVERAGE; PROVIDE FOR SUCCESSOR HEALTH PLAN
8 COVERAGE FOR CONFINEMENT OR PREGNANCY; PROVIDE FOR A
9 HEALTH INSURANCE CONTINUATION ELECTION PERIOD; REQUIRE AN
10 HMO GROUP COVERAGE PREMIUM CHANGE NOTICE; CLARIFY THE
11 HMO POINT-OF-SERVICE LAW; PROVIDE FOR SUCCESSOR HEALTH
12 PLAN COVERAGE FOR CONDITIONS FIRST DIAGNOSED UNDER
13 PREVIOUS COVERAGE; TO EXPAND MEDICARE SUPPLEMENT
14 GUARANTEED ISSUANCE FOR DISABLED PERSONS; TO ALLOW THE
15 INSURANCE COMMISSIONER TO ADOPT TEMPORARY RULES FOR
16 MEDICARE SUPPLEMENT AND LONG-TERM CARE INSURANCE TO
17 IMPLEMENT FEDERAL REQUIREMENTS; TO MAKE TECHNICAL
18 CORRECTIONS TO REFLECT REPEALS OF LAWS; TO CLARIFY THE LAWS
19 ON RECONSTRUCTIVE SURGERY NOTICES; AND TO CLARIFY THE LAW
20 ON DEEMER PROVISIONS.

21 The General Assembly of North Carolina enacts:

22
23 **PART I. JURISDICTION AND LIMITATION OF ACTIONS IN HEALTH**
24 **INSURANCE POLICIES**

25
26 **SECTION 1.** G.S. 58-3-35 reads as rewritten:

27 **"§ 58-3-35. Stipulations as to jurisdiction and limitation of actions.**

28 (a) ~~No company or order, domestic or foreign, authorized to do business in this~~
29 ~~State under Articles 1 through 64 of~~ No insurer, self-insurer, service corporation, HMO,

1 ~~or MEWA licensed under this Chapter, may Chapter shall~~ make any condition or
2 stipulation in its insurance contracts or policies concerning the court or jurisdiction
3 ~~wherein in which~~ any suit or action ~~thereon on~~ the contract may be brought.

4 ~~(b) may be brought, nor may it No insurer, self-insurer, service corporation,~~
5 HMO, or MEWA licensed under this Chapter shall limit the time within which ~~such any~~
6 suit or action referred to in subsection (a) of this section may be commenced to less than
7 one year after the cause of action accrues or to less than six months from any time at
8 which a plaintiff takes a nonsuit to an action begun within the legal time. ~~All conditions~~
9 ~~and stipulations forbidden by this section are void.~~

10 (c) All conditions and stipulations forbidden by this section are void."

11 12 **PART II. PREFERRED PROVIDER PLAN CLARIFICATION**

13
14 **SECTION 2.1** G.S. 58-50-56(a)(3) reads as rewritten:

15 "(3) "Preferred provider benefit plan" means a health benefit plan offered
16 by an insurer in which covered services are available from health care
17 providers who are under a contract with the insurer in accordance with
18 this section and in which enrollees are given incentives through
19 differentials in deductibles, coinsurance, or copayments to obtain
20 covered health care services from contracted health care providers.
21 both of the following features are present:

22 a. ~~Utilization review or quality management programs are used to~~
23 ~~manage the provision of covered health care services;~~
24 ~~andservices.~~

25 b. ~~Enrollees are given incentives through benefit differentials to~~
26 ~~limit the receipt of covered health care services to those~~
27 ~~furnished by participating providers, and health care services~~
28 ~~are provided by preferred providers under a contract pursuant to~~
29 ~~this section."~~

30 **SECTION 2.2.** G.S. 58-3-191(c) reads as rewritten:

31 "(c) For purposes of this section, "health benefit plan" or "plan" means (i) health
32 maintenance organization (HMO) subscriber contracts and (ii) insurance company or
33 hospital and medical service corporation preferred provider benefit plans ~~in which~~
34 ~~utilization review or quality management programs are used to manage the provision of~~
35 ~~covered health care services, and enrollees are given incentives through benefit~~
36 ~~differentials to limit the receipt of covered health care services to those provided by~~
37 ~~participating providers as defined in G.S. 58-50-56."~~

38 39 **PART III. SMALL EMPLOYER RATE GUARANTEES**

40
41 **SECTION 3.** G.S. 58-50-130(b)(3) reads as rewritten:

42 "(3) ~~Small employer carriers A small employer carrier shall not modify the~~
43 premium rate for charged to a small employer or a small employer

1 group member, including changes in rates related to the increasing age
2 of a group member, for 12 months from the initial issue date or
3 renewal date, unless the group is composite rated and composition of
4 the group changed by twenty percent (20%) or more or benefits are
5 changed. The percentage increase in the premium rate charged to a
6 small employer for a new rating period ~~may~~ shall not exceed the sum
7 of the following:

- 8 a. The percentage change in the adjusted community rate as
9 measured from the first day of the prior rating period to the first
10 day of the new rating period, and
11 b. Any adjustment, not to exceed fifteen percent (15%) annually,
12 due to claim experience, health status, or duration of coverage
13 of the employees or dependents of the small employer, and
14 c. Any adjustment because of change in coverage or change in
15 case characteristics of the small employer group."
16

17 **PART IV. PROMOTION OF ALCOHOL AND NARCOTIC SCREENING AND** 18 **INTERVENTION**

19
20 **SECTION 4.** Article 51 of Chapter 58 of the General Statutes is amended by
21 adding a new section to read:

22 **"§ 58-51-16. Promotion of alcohol and narcotic screening and intervention.**

23 G.S. 58-51-15(b)(11) does not apply to an accident or health insurance policy that
24 provides hospital, medical, or surgical expense coverage."
25

26 **PART V. NEWBORN AND FOSTER CHILD COVERAGE**

27
28 **SECTION 5.** G.S. 58-31-30(b) reads as rewritten:

29 "(b) Every health benefit plan, as defined in G.S. 58-51-115(a)(1), 58-3-167, that
30 provides benefits for any sickness, illness, or disability of any minor child or that
31 provides benefits for any medical treatment or service furnished by a health care
32 provider or institution to any minor child shall provide the benefits for those
33 occurrences beginning with the moment of the child's birth if the birth occurs while the
34 plan is in force. Every health benefit plan shall extend coverage to a newborn child
35 without requirements for prior notification unless an additional premium charge to add
36 the dependent is due. If an additional premium charge is due to cover the dependent, the
37 health benefit plan shall cover the newborn child from the moment of birth if the
38 newborn is enrolled within 30 days after the date of birth. Foster children shall be
39 treated the same as newborn infants and eligible for coverage on the same basis upon
40 placement in the foster home. Every health benefit plan shall extend coverage to a foster
41 child without requirements for prior notification unless an additional premium charge to
42 add the foster child is due. If an additional premium charge is due to cover the foster
43 child, the health benefit plan shall cover the foster child upon placement in the foster

1 home if the foster child is enrolled within 30 days after the placement in the foster
2 home."

3
4 **PART VI. SUCCESSOR PLAN COVERAGE FOR CONFINEMENT OR**
5 **PREGNANCY**

6
7 **SECTION 6.** G.S. 58-51-110(b) reads as rewritten:

8 "(b) Whenever a contract described in subsection (a) of this section is replaced by
9 another group contract within 15 days of termination of coverage of the previous group
10 contract, the liability of the succeeding insurer for insuring persons covered under the
11 previous group contract is:

12 (1) Each person who is eligible for coverage in accordance with the
13 succeeding insurer's plan of ~~benefits with respect to classes eligible~~
14 ~~and activity at work and nonconfinement rules must~~ benefits,
15 regardless of any other provisions of the new group contract relating to
16 active employment or hospital confinement or pregnancy, shall be
17 covered by the succeeding insurer's plan of benefits; and

18 (2) Each person not covered under the succeeding insurer's plan of
19 benefits in accordance with subdivision (b)(1) of this section must
20 nevertheless be covered by the succeeding insurer if that person was
21 validly covered, including benefit extension, under the prior plan on
22 the date of discontinuance and if the person is a member of the class of
23 persons eligible for coverage under the succeeding insurer's plan."
24

25 **PART VII. CONTINUATION ELECTION PERIOD**

26
27 **SECTION 7.1.** G.S. 58-53-10 reads as rewritten:

28 "**§ 58-53-10. Eligibility.**

29 Continuation shall only be available to an employee or member who has been
30 continuously insured under the group policy, or for similar benefits under any other
31 group policy that it replaced, during the period of three consecutive months immediately
32 ~~prior to before~~ the date of termination. The employee or member may elect continuation
33 for a period of not fewer than 60 days after the date of termination or loss of eligibility.
34 The employee or member shall make the first contribution upon the election to continue
35 coverage; and the coverage shall be retroactive to the date of termination or loss of
36 eligibility."

37 **SECTION 7.2.** G.S. 58-53-30 reads as rewritten:

38 "**§ 58-53-30. Payment of premiums.**

39 An employee or member electing continuation must pay to the group policyholder or
40 his employer, in advance, the amount of contribution required by the policyholder or
41 employer, but not more than one hundred two percent (102%) of the full group rate for
42 the insurance applicable under the group policy on the due date of each payment. The
43 employee or member may not be required to pay the amount of the contribution less

1 often than monthly. In order to be eligible for continuation of coverage, the employee or
2 member must make a written election of continuation, on a form furnished by the group
3 policyholder, and pay the first contribution, in advance, to the policyholder or employer
4 on or before the date on which employee's or member's insurance would otherwise
5 terminate. policyholder or by the insurer."

7 PART VIII. HMO GROUP COVERAGE PREMIUM CHANGE NOTICE

9 SECTION 8.1. G.S. 58-67-50(b) reads as rewritten:

- 10 "(b) (1) Premium approval. – No schedule of premiums for ~~enrollee~~ coverage
11 for health care services, or any amendment ~~thereto~~, may to the
12 schedule, shall be used in conjunction with any health care plan until a
13 copy of ~~such schedule, or amendment thereto~~, the schedule or
14 amendment has been filed with and approved by the Commissioner.
- 15 (2) Individual coverage. – Premiums ~~shall~~ Such premiums may be
16 established in accordance with actuarial principles for various
17 categories of ~~enrollees, provided that premiums enrollees~~. Premiums
18 applicable to an enrollee shall not be individually determined based on
19 the status of ~~his the enrollee's~~ health. ~~However, the premiums~~
20 Premiums shall not be excessive, inadequate, or unfairly
21 discriminatory; and ~~must shall~~ exhibit a reasonable relationship to the
22 benefits provided by the evidence of coverage. ~~Such The~~ premiums or
23 any revisions ~~thereto to the premiums~~ with respect to nongroup
24 enrollee coverage shall be guaranteed, as to every enrollee covered
25 under the same category of enrollee coverage, for a period of not less
26 than 12 ~~months; or as an~~ months. As an alternative to giving ~~such this~~
27 guarantee ~~with respect only to for~~ nongroup enrollee coverage, ~~such~~
28 the premium or premium revisions may be made applicable to all
29 similar category of enrollee coverage at one time if the health
30 maintenance organization chooses to apply for ~~such the~~ premium
31 revision with respect to such categories of coverages no more
32 frequently than once in any 12-month period. ~~Such The~~ premium
33 revision shall be applicable to all categories of nongroup enrollee
34 coverage of the same type; provided that no premium revision may
35 become effective for any category of enrollee coverage unless the
36 ~~corporation HMO~~ has given written notice of the premium revision to
37 the enrollee 45 days ~~prior to before~~ the effective date of ~~such the~~
38 revision. The enrollee thereafter must pay the revised premium in
39 order to continue the contract in force. The Commissioner may
40 ~~promulgate adopt~~ reasonable rules, after notice and hearing, to require
41 the ~~submission~~ submission of supporting data and such information ~~as is~~
42 ~~deemed~~ as the Commissioner considers necessary to determine

1 whether ~~such~~ the rate revisions meet ~~these standards~~ the standards in
2 this subdivision.

- 3 (3) Group coverage. – Employer group premiums shall be established in
4 accordance with actuarial principles for various categories of enrollees,
5 provided that premiums applicable to an enrollee shall not be
6 individually determined based on the status of the enrollee's health.
7 Premiums shall not be excessive, inadequate, or unfairly
8 discriminatory; and shall exhibit a reasonable relationship to the
9 benefits provided by the evidence of coverage. The premiums or any
10 revisions to the premiums for employer group coverage shall be
11 guaranteed for a period of not less than 12 months. No premium
12 revision shall become effective for any category of group coverage
13 unless the HMO has given written notice of the premium revision to
14 the master group contract holder upon receipt of the group's finalized
15 benefits or 45 days before the effective date of the revision, whichever
16 is earlier. The master group contract holder thereafter must pay the
17 revised premium in order to continue the contract in force. The
18 Commissioner may adopt reasonable rules, after notice and hearing, to
19 require the submittal of supporting data and such information as the
20 Commissioner considers necessary to determine whether the rate
21 revisions meet the standards in this subdivision."

22 **SECTION 8.2.** G.S. 58-67-35(a)(6) reads as rewritten:

- 23 "(6) The offering and contracting for the provision or arranging of, in
24 addition to health care services, of:
- 25 a. Additional health care services;
 - 26 b. Indemnity benefits, covering out-of-area or emergency services;
 - 27 c. Indemnity benefits, in addition to those relating to out-of-area
28 and emergency services, provided through insurers or hospital
29 or medical service corporations; and
 - 30 d. Point-of-service products, for which an HMO may pre-certify
31 out-of-plan covered services on the same basis as it pre-certifies
32 in-plan covered services, and for which the Commissioner shall
33 adopt rules governing:
 - 34 1. The percentage of an HMO's total health care
35 expenditures for out-of-plan covered services for all of
36 its members that may be spent on those services, which
37 may not exceed twenty percent (20%);
 - 38 2. Product limitations, which may provide for payment
39 differentials for services rendered by providers who are
40 not in an HMO network, subject to G.S. 58-3-200(d).
 - 41 3. Deposit and other financial requirements; and
 - 42 4. Other requirements for marketing and administering
43 those products."

1
2 **PART IX. HIPAA COVERAGE FOR CONDITIONS FIRST DIAGNOSED**
3 **UNDER PREVIOUS COVERAGE**

4
5 **SECTION 9.** G.S. 58-68-30(d) reads as rewritten:

6 "(d) Exceptions. –

- 7 (1) Exclusion not applicable to certain newborns. – Subject to subdivision
8 (4) of this subsection, a group health insurer shall not impose any
9 preexisting condition exclusion in the case of an individual who, as of
10 the last day of the 30-day period beginning with the individual's date
11 of birth, is covered under creditable coverage.
- 12 (2) Exclusion not applicable to certain adopted children. – Subject to
13 subdivision (4) of this subsection, a group health insurer shall not
14 impose any preexisting condition exclusion in the case of a child who
15 is adopted or placed for adoption before attaining 18 years of age and
16 who, as of the last day of the 30-day period beginning on the date of
17 the adoption or placement for adoption, is covered under creditable
18 coverage. The previous sentence does not apply to coverage before the
19 date of the adoption or placement for adoption.
- 20 (3) Exclusion not applicable to pregnancy. – A group health insurer shall
21 not impose any preexisting condition exclusion relating to pregnancy
22 as a preexisting condition.
- 23 (4) Loss if break in coverage. – Subdivisions (1) and (2) of this subsection
24 shall no longer apply to an individual after the end of the first 63-day
25 period during all of which the individual was not covered under any
26 creditable coverage.
- 27 (5) Condition first diagnosed under previous coverage. – A group health
28 insurer shall not impose any preexisting condition exclusion for a
29 condition for which medical advice, diagnosis, care, or treatment was
30 recommended or received for the first time while the covered person
31 held qualifying previous coverage or prior creditable coverage and the
32 condition was covered under the qualifying previous coverage or prior
33 creditable coverage; provided that the qualifying previous coverage or
34 prior creditable coverage was continuous to a date not more than 63
35 days before the enrollment date for the new coverage."

36
37 **PART X. MEDICARE SUPPLEMENT GUARANTEED ISSUANCE**

38
39 **SECTION 10.1** G.S. 58-54-45 reads as rewritten:

40 "**§ 58-54-45. By reason of disability.**

41 (a) In addition to any rule adopted under this Article that is directly or indirectly
42 related to open enrollment, an insurer shall at least make standardized Medicare
43 Supplement Plan ~~A~~ Plans A, C, and J available to persons eligible for Medicare by

1 reason of disability before age 65. This action shall be taken without regard to medical
2 condition, claims experience, or health status. To be eligible, a person must submit an
3 application during the six-month period beginning with the first month the person first
4 enrolls in Medicare Part B.

5 (b) Persons eligible for Medicare by reason of disability before age 65 who are
6 enrolled in a managed care plan and whose coverage under the managed care plan is
7 terminated through cancellation, nonrenewal, or disenrollment have the guaranteed right
8 to purchase Medicare Supplement Plans A and C from any insurer within 63 days after
9 the date of termination or disenrollment.

10 (c) An insurer may develop premium rates specific to the disabled population.
11 No insurer shall discriminate in the pricing of the Medicare supplement plans referred to
12 in this section because of the health status, claims experience, receipt of health care, or
13 medical condition of an applicant where an application for the plan is submitted during
14 an open enrollment or is submitted within 63 days after the managed care plan is
15 terminated. The rates and any applicable rating factors for the Medicare supplement
16 plans referred to in this section shall be filed with and approved by the Commissioner."

17 **SECTION 10.2.** Section 39 of S.L. 1998-211 reads as rewritten:

18 "Section 39. Except as otherwise provided herein, this act is effective as follows: this
19 section and Sections 1, 2, 3, 4, 5, 6, 7, 9.1, 10, 11, 14, 15, 17, 18, 22, 27, 29, 32, 33, 34,
20 37.1, and 38 of this act are effective when they become law. Sections 9, 12, 13, 19, 20,
21 21, 23, 24, 25, 28, 30, 31, 35, 36, and 37 of this act become effective November 1,
22 1998. Sections 8, 16, and 26 of this act become effective January 1, 1999. ~~G.S. 58-54-~~
23 ~~45, as enacted by Section 13 of this act, expires November 1, 2001."~~

25 **PART XI. MEDICARE SUPPLEMENT AND LONG-TERM CARE RULES**

26
27 **SECTION 11.1.** G.S. 58-54-50 reads as rewritten:

28 "**§ 58-54-50. Rules for compliance with federal law and regulations.**

29 The Commissioner may adopt temporary rules necessary to conform Medicare
30 supplement policies and certificates to the requirements of federal law and regulations,
31 including:

- 32 (1) Requiring refunds or credits if the policies or certificates do not meet
33 loss ratio requirements.
- 34 (2) Establishing a uniform methodology for calculating and reporting loss
35 ratios.
- 36 (3) Assuring public access to policies, premiums, and loss ratio
37 information of issuers of Medicare supplement insurance.
- 38 (4) Establishing standards for Medicare Select policies and certificates.
- 39 (5) Any other changes required by Congress or the U.S. Department of
40 Health and Human Services, or any successor agency."

41 **SECTION 11.2.** Article 55 of Chapter 58 of the General Statutes is amended
42 by adding the following new section to read:

43 "**§ 58-55-50. Rules for compliance with federal law and regulations.**

1 The Commissioner may adopt temporary rules necessary to conform long-term care
2 policies and certificates to the requirements of federal law and regulations, including
3 any changes required by Congress or the U.S. Department of Health and Human
4 Services, or any successor agencies."

5
6 **PART XII. SHPPA REPEAL TECHNICAL CORRECTIONS**

7
8 **SECTION 12.1.** G.S. 58-50-110(1) is repealed.

9 **SECTION 12.2.** G.S. 58-50-110(14) reads as rewritten:

10 "(14) 'Late enrollee' has the same meaning as defined in G.S.
11 58-68-30(b)(2); provided that the initial enrollment period shall be a
12 period of at least 30 consecutive calendar days. In addition to the
13 special enrollment provisions in G.S. 58-68-30(f), an eligible
14 employee or dependent shall not be considered a late enrollee under a
15 small employer health benefit plan if:

16 a. Repealed by Session Laws 1998-211, s. 9.

17 1, 2. Repealed by Session Laws 1998-211, s. 9.

18 3, 4. Repealed by Session Laws 1993, c. 529, s. 3.3.

19 b. The individual elects a different health benefit plan offered
20 ~~through the Alliance or~~ by the small employer during an open
21 enrollment period;

22 c. Repealed by Session Laws 1998-211, s. 9.

23 d. A court has ordered coverage be provided for a spouse or minor
24 child under a covered employee's health benefit plan and the
25 request for enrollment for a spouse is made within 30 days after
26 issuance of the court order. A minor child shall be enrolled in
27 accordance with the requirements of G.S. 58-51-120; or

28 e. Repealed by Session Laws 1998-211, s. 9."

29 **SECTION 12.3.** G.S. 58-50-130(a)(4a) reads as rewritten:

30 "(4a) A carrier may continue to enforce reasonable employer participation
31 and contribution requirements on small employers applying for
32 coverage; however, participation and contribution requirements may
33 vary among small employers only by the size of the small employer
34 group and shall not differ because of the health benefit plan involved.
35 In applying minimum participation requirements to a small employer,
36 a small employer carrier shall not consider employees or dependents
37 who have qualifying existing coverage in determining whether an
38 applicable participation level is met. "Qualifying existing coverage"
39 means benefits or coverage provided under: (i) Medicare, Medicaid,
40 and other government funded programs; or (ii) an employer-based
41 health insurance or health benefit arrangement, including a self-insured
42 plan, that provides benefits similar to or in excess of benefits provided
43 under the basic health care plan. ~~An accountable health carrier shall~~

1 not enforce participation or contribution requirements on member
2 small employers, as defined in G.S. 143-622(18), unless those
3 requirements meet with the standards adopted by the State Health Plan
4 Purchasing Alliance Board."
5

6 **PART XIII. RECONSTRUCTIVE SURGERY NOTICES**

7
8 **SECTION 13.1** G.S. 58-51-62(d) reads as rewritten:

9 "(d) Written notice of the availability of the coverage provided by this section
10 shall be delivered to every individual person insured policyholder under the an
11 individual policy, contract, or plan and to every certificate holder under a group policy,
12 contract, or plan upon initial coverage under the policy, contract, or plan and annually
13 thereafter. The notice required by this subsection may be included as a part of any
14 yearly informational packet sent to the policyholder or certificate holder."

15 **SECTION 13.2.** G.S. 58-65-96(d) reads as rewritten:

16 "(d) Written notice of the availability of the coverage provided by this section
17 shall be delivered to every individual person insured subscriber under the an individual
18 certificate, contract, or plan and to every certificate holder under a group policy,
19 contract, or plan upon initial coverage under the certificate, contract, or plan and
20 annually thereafter. The notice required by this subsection may be included as a part of
21 any yearly informational packet sent to the subscriber or certificate holder."

22 **SECTION 13.3.** G.S. 58-67-79(d) reads as rewritten:

23 "(d) Written notice of the availability of the coverage provided by this section
24 shall be delivered to every individual person insured subscriber under the plan upon
25 enrollment and annually thereafter. The notice required by this subsection may be
26 included as a part of any yearly informational packet sent to the subscriber."
27

28 **PART XIV. DEEMER PROVISIONS**

29
30 **SECTION 14.** Article 3 of Chapter 58 of the General Statutes is amended by
31 adding a new section to read:

32 "**§ 58-3-151. Deemer provisions.**

33 No entity subject to the Commissioner's jurisdiction and regulation shall be fined or
34 penalized by the Commissioner for using forms, contracts, schedules of premiums, or
35 other documents required to be filed and approved under this Chapter or for executing
36 contracts required to be filed and approved under this Chapter if those forms, contracts,
37 schedules of premiums, or other documents have been by law deemed to have been
38 approved, and the entity has notified the Commissioner before using the filing or
39 executing the contract that the law has deemed the filing or the contract to be
40 approved."
41

42 **PART XV. SEVERABILITY**