

GENERAL ASSEMBLY OF NORTH CAROLINA  
SESSION 2009

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HOUSE BILL 1373

Short Title: Phase in Physical Education Requirements. (Public)

Sponsors: Representatives Glazier, Yongue, Bell, Fisher (Primary Sponsors);  
M. Alexander, Brown, Cotham, Dickson, Faison, Harrison, Hughes, Insko,  
Jones, Lucas, McElraft, McLawhorn, Parmon, Stewart, Tarleton, Tolson,  
Womble, and Wray.

Referred to: Health, if favorable, Education.

April 9, 2009

1 A BILL TO BE ENTITLED  
2 AN ACT DIRECTING THE STATE BOARD OF EDUCATION TO ADOPT AND PHASE  
3 IN A REQUIRED PHYSICAL EDUCATION PROGRAM.

4 The General Assembly of North Carolina enacts:

5 **SECTION 1.** Chapter 115C of the General Statutes is amended by adding a new  
6 section to read:

7 "**§ 115C-81.4. Required Physical Education Program.**

8 (a) The State Board of Education shall adopt and phase in a required physical education  
9 program. The program shall be implemented in kindergarten through first grade beginning with  
10 the 2010-2011 school year, in second through fifth grade beginning with the 2011-2012 school  
11 year, in sixth grade beginning with the 2012-2013 school year, in seventh and eighth grade  
12 beginning with the 2013-2014 school year, and in ninth through twelfth grade beginning with  
13 the 2014-2015 school year. At every grade level:

- 14 (1) Physical education and health education classes shall be taught by certified  
15 teachers, beginning with the 2011-2012 school year;  
16 (2) Class size shall be equivalent to that of other core academic classes; and  
17 (3) There shall be assessments measuring knowledge, skill, and fitness.

18 (b) The elementary school program shall consist of at least 150 minutes of physical  
19 education each week.

20 (c) The healthful living middle school physical education program shall consist of at  
21 least 225 minutes of instruction in healthful living.

22 (d) The high school physical education program shall include healthful living honors  
23 courses. At least two credits of physical education shall be required for high school graduation.

24 (e) Elements of the evaluation process of the quality and the impact of the physical  
25 education program shall include:

- 26 (1) The impact of physical activity;  
27 (2) The impact of the level of physical activity and the amount of physical  
28 education on students' ability to learn effectively and maximize performance  
29 in school;  
30 (3) Measurement of the impact of the instruction process in physical education;  
31 and  
32 (4) Evaluation by an independent evaluator to access the costs and the impact of  
33 quality physical education."

34 **SECTION 2.** This act is effective when it becomes law.



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